## Christmas Message 2023

## Dear Sisters in the League



The Advent Season is one of Joy, Hope and Love

As Catholics we welcome the Advent season which ushers in the beginning of a new liturgical year. In joyful preparation for the coming of Christ at Christmas, Advent offers a time of spiritual renewal which invites us to reflect more deeply on the meaning and goal of our lives in relation to God and our faith.

Advent can also be a time of emotional conflict for anyone who values the Church's call to serve the poor. We are inundated with appeals from worthy organizations and even walking through a local shopping mall can overwhelm our hearts. Your mindful generosity and the sacrifices you make to support the less fortunate makes a difference in the quality of life for all.

The Star of Bethlehem is a symbol of hope and light. We are reminded to live our lives with gratitude for the blessings we have received, to increase our conversation with Christ through prayer, to share the good things we have been given, to ask forgiveness for the times we fall short and to find ways to change the things we would like to change. It is a time to celebrate families and to live out our profound call to caring.

John 8:12 reads, I am the Light of the world; he that follows Me shall not walk in darkness, but shall have the light of life

The Alberta Mackenzie Provincial Council of the Catholic Women's League of Canada extends to you prayerful wishes that God may shine upon every part of your Christmas celebration and that He may abundantly bless you at Christmas and throughout the New Year...

Mary Hunt, President Alberta Mackenzie Provincial Council The Catholic Women's League of Canada